SAILING INSTRUCTIONS (SIs)

Around Alone Race 2026
September 12th, 2026
Prince Edward Yacht Club
Prince Edward County, Picton, Ontario, Canada

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1 RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS) 2025 - 2028*.

1.2 The PHRF-LO Rule applies to boats racing under PHRF, using PHRF-LO Primary Time-on-Time calculation values.

1.3 The Canada Shipping Act, Small Vessels Regulations of Canada shall apply at all times

1.4 For the Around Alone race only **single-handed crew** is eligible for participation.

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the sailing instructions will be posted before 09.00 am on the day it will take effect, except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located at club entrance, registration is open, and **skipper's meeting** will be held **at 10.00 am on September 12th** at the club house.

3.2 The race office is located at PEYC club house, telephone (613) 476-5585, email: manager@peyc.ca

3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 06.

4 CODE OF CONDUCT

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at PEYC

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5.3 [DP] Flag D with one sound means 'Boats are requested not to leave the [harbour][shore] until this signal is made. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.'

6 SCHEDULE OF RACES

6.1

Date	Scheduled time of warning signal
September 12th, Saturday	11.00 am

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7 CLASS FLAGS

7.1 The class flags are:

Start	Class Flag	Class
1st Start	Numeral pennant 1	PHRF-LO Non flying sails and PHRF-LO Flying sails

7.2 Display of class flags on the competitors' boats is not required

8 RACING AREA

8.1 The racing area is Picton Bay

9 COURSE

9.1

- First Mark: **Q4 (Glen Island)** to port
- Second Mark**: Q6 (Trumpour Point)** to port
- Third Mark: **Race Mark #3** to starboard
- Fourth Mark: **Race Mark #1** to port

Distance: approximately 6.8 nm

9.2 The start direction and first mark will be announced confirmed at the skippers' meeting

10 MARKS

10.1 Q4, Q6, Race Mark #3, Race Mark #1

11 THE START

11.1 Races will be started using RRS 26 with the warning signal made *5* minutes before the starting signal.

11.2 The starting line is between an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

11.3 In the event of a general recall the warning signal for the new start will be 1 minute after the First Substitute pennant is lowered with its accompanying single sound

11.4 In the event that there is no signal vessel available, the start will proceed in the format of a "rabbit start" as per announcement at the skippers meeting.

12 SHORTENING THE COURSE

12.1 No shortening the of course

13 THE FINISH

13.1 The finishing line is between **QP5** and **QP6**

13.2 When a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee after returning to shore.

14 PENALTY SYSTEM

14.1 The Scoring Penalty, RRS 44.3, applies.

15 TIME LIMITS

15.1 none

16 HEARING REQUESTS

16.1 The protest time limit is 60 minutes after

a) the RC boat returns to the PEYC dock, or

b) if no RC boat is deployed, the last competitor returns to the PEYC dock.

16.2 Hearing request forms are available from the race office

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the PEYC chart room beginning at the time posted.

16.4 RRS 61.2(b)(2) and 63.7(b)(2) do not apply

17 SCORING

17.1 PHRF-LO Non flying sails and PHRF-LO Flying sails will be scored as one class

17.1 RRS A5.3 applies

18 SAFETY REGULATIONS

18.1 Prior to the first warning signal boats shall pass astern of the Committee Boat and identify themselves by calling out their sail number.

18.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration form, which is available at the PEYC race office

19 EQUIPMENT AND MEASUREMENT CHECKS

19.1 A boat or equipment may be inspected at any time for compliance with the class and PHRF-LO rules, notice of race and sailing instructions.

20 PRIZES

20.1 Prizes will be given for 1st, 2nd, and 3rd in each race at the PEYC Cups and Trophies event in fall 2026

21 RISK STATEMENT

21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.** .

22 INSURANCE

22.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of CAD 2,000,000. - per incident or the equivalent.