



2026 Keelboat Racing at KYC

PHRF 1 Fleet Captain: Robert Weguelin (interim
acting)

PHRF 2 Fleet Captain: John Vines

Shark Fleet Captain: Robin Wynne-Edwards

Program Lead: Robin Wynne-Edwards

Race/Event Office: race@kingstonyachtclub.com

Notice of Race & Sailing Instructions

Last updated 2026-04-02

*(any amendments made during 2026 are highlighted in
yellow)*

The notation '[NP]' in a rule means that a boat may not
protest another boat for breaking that rule. The changes
RRS 60.1(a).

1. RULES

- 1.1 KYC Races will be governed by the rules as
defined in *The Racing Rules of Sailing* and the
By-laws of the Kingston Yacht Club.



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and RS21 classes and all boats of the Performance Handicap Racing Fleet - Lake Ontario (PHRF-LO) class or a rating otherwise approved by the KYC measurer(s).

- 2.2** PHRF classes will be handicapped using the time on time (TOT) method. The PHRF class may be split into PHRF 1 and PHRF 2 classes. PHRF 1 will include all boats that have a rating of 150 or less as entered. PHRF 2 will include all boats that have a rating of 151 or more as entered.

2.2.1 PHRF-LO has introduced Point to Point (P2P) ratings. KYC Long distance races that are not windward/leeward will be scored using the P2P ratings starting with the 2024 season.

- 2.3** If there are situations where PHRF 1 and PHRF 2 sail the same course and start at the same time they will be scored separately.

- 2.4** A group of similar boats having consistently more than 5 starters in a class may be offered a separate start.

- 2.5** Article 24 of the club bylaws limits the introduction of guests; this includes as race crew. Therefore all those who participate in KYC sailing events shall be either KYC members in good standing, invited guests (within the limits of our defined guest policy); or, in the spirit of good sportsmanship, visiting members of affiliated yacht clubs with whom KYC has exchanged reciprocal privileges. It is the responsibility of the skipper to ensure that their crew are eligible to participate. Boats contravening this Bylaw are subject to protest.

- 2.6** A boat enters a series by starting in at least two races in that series.



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4. COMMUNICATIONS

- 4.1 (i) The Official Notice Board is located on the [Sailing > Keelboat Racing](#) page of the KYC website.
- (ii) The Race Committee Duty Schedule is located on the [Sailing > Keelboat Racing](#) page on the KYC website.
- (iii) Notices and schedules may be duplicated in the closed glass case located at the base of the staircase near the door to the bar.
- 4.2 [NP] For long distance races, all boats shall carry a VHF radio capable of communicating on channel 16 and 71.

5. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least 2 hours before racing on the day it will take effect, except that any change to the schedule of races will be posted before 2000 hours on the last racing day before it will take effect. In addition, **Code Flag 'L'** will be flown from the KYC Yardarm at least 1 hour before racing on the day the amendment first takes effect.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the KYC Yardarm located on the breakwater. The Race Committee may also broadcast notices of signals on VHF channel 71.
- 6.2 When flag AP is displayed ashore RSS RACE SIGNALS are changed so that '1 minute' is replaced with 'not less than 30 minutes' for the race signal AP.

7. SCHEDULE OF RACES



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8. CLASS FLAGS

Class flags (and usual starting order) will be:

Class	Flag
PHRF 1&2	Numeral Pennant 1&3
RS21	Numeral Pennant 4
Shark	Numeral Pennant 2

9. RACING AREAS

Racing will be held in the waters of Kingston Harbour, south of Kingston Yacht Club and connected areas of Lake Ontario and the St. Lawrence River.

10. THE COURSES

10.1 Courses will be signaled by displaying letter plaques that correspond to the marks of the course in the sequence of rounding. The plaques will be displayed in rows above the cabin of the RC boat. One row is used for each class. In general, the starting order and course display will be as follows.

Top Row	PHRF 1
Middle Row	Shark&RS21
Bottom Row	PHRF 2

Should the 3rd row be left blank, PHRF 2 will sail the course posted on the top row.

In addition, if the Race Committee decides to start one or more classes together, their class



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side.) The most forward letter designates the mark ending the first leg. The stern-most letter designates the finish mark.

- A plaque with a **RED** background indicates a mark to be left or rounded to **PORT**.
- A plaque with a **GREEN** background indicates a mark to be left or rounded to **STARBOARD**.
- A plaque '**O**' designates the starting pin, which may also be a mark of the course.
- When the '**O**' plaque is BLACK on WHITE (neither RED nor GREEN), '**O**' is a GATE with the RC vessel being the other mark of the gate. The Gate shall be passed through from the direction of the last mark.
- **Temporary marks**, if used, will be designated as follows:
 - **W** – Windward
 - **J** - Gybe
 - **L** - Leeward
- A **BLACK** on **WHITE** numeral (2, 3 or 4) plaque indicates the number of times the preceding course is to be rounded.

10.3 Course boards may be removed 5 minutes after the last start.

10.4 All windward marks for weeknight racing will be left to port.

10.5 All courses for weeknight racing will include a windward leg as the first leg.

10.6 All Shark courses for weeknight racing will be a combination of windward and leeward legs only.

10.7 Courses for weeknight racing will not be set or shortened to fewer than two legs.



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marks as described with latitude and longitude on the [KYC Race Marks Coordinates](#) and shown approximately on the [KYC Race Marks Map](#).

- 11.2** Other marks may be orange flags on a pin, orange tetra-marks, or round orange marks.

12. THE START

- 12.1** Races will be started by using Rule 26 with the warning signal made five (5) minutes before the starting signal. The signaling (*repeated from rule 26*) will be:

Signal	Flag & Sound	Minutes Before Starting Signal
Warning	Class flag(s); 1 sound	5
Preparatory	P, I, Z, Z with I,U or Black flag; 1 sound	4
One Minute	Preparatory flag removed; 1 long sound	1
Starting	Class flag removed; 1 sound	0

- 12.2** The starting line will be between the mast displaying the "RC" flag on the Race Committee vessel and a temporary mark identified as Mark "O" with an orange flag. Alternatively, the temporary mark may be replaced by any mark listed in the mark network. When conditions prevent anchoring of the Race Committee vessel, it may be replaced by a temporary mark with an orange flag. Boats whose warning signal has not been made shall avoid the starting area during other starting sequences.



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tack and to check in. Failure to be identified as a starter may result in a boat being scored as DNC.

12.5 Boats using a sail with a number other than their registered number shall notify the Race Committee prior to their warning signal.

12.6 The Race Committee may hail the sail numbers of boats that are OCS on VHF channel 71. Failure to do so, shall not be grounds for redress.

12.7 In the event of a General Recall, that fleet's restart sequence shall commence after the last fleet has started.

13. CHANGE OF THE NEXT LEG OF THE COURSE

RRS 33 is changed to read:

The race committee may change the course with the display of **Code Flag "C"** with repetitive sounds and display of the sequence of marks from that point in the race to the finish.

The signal will be displayed at a rounding mark or at a gate.

When **Code Flag "C"** is displayed alone the change will apply to all classes. When **Code Flag "C"** is displayed with a class flag or flags it will apply only to the designated classes.

14. THE FINISH

14.1 The finishing line will be between a mark of the course and the mast displaying the blue shape, blue flag or **Code Flag "S"**, when shortening, on a Race Committee vessel. If conditions prevent anchoring of the Race Committee vessel, or if for any other reason the vessel is absent, the vessel may be replaced by a temporary mark.



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			Time	
All Classes	May Weeknights	20:00	19:00	19:15
All Classes	June, July, August Weeknights	21:00	19:30	19:45
All Classes	September Weeknights	Sunset	18:45	0030 before sunset

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress.

- 15.2** For weeknight races, boats failing to finish within 30 minutes (corrected time) after the first boat in their class sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1** Printed protest forms are available in the closed glass case located at the base of the staircase near the door to the bar, and online: [Sail Canada Protest Form.pdf](#).
Protests and requests for redress or reopening shall be delivered to the KYC Race Office by email at race@kingstonyachtclub.ca, within the appropriate time limit.
- 16.2** The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 16.3** Protests will be heard at the first possible date following the race where the incident took place.



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- 16.5.1** RRS T1(a) is changed to read as follows: "A boat takes a Post-Race Penalty by emailing the KYC Race Office at race@kingstonyachtclub.ca, before the protest hearing, a written statement that she accepts the penalty and that identifies which race and where and when the incident occurred"
- 16.5.1** RRS T2 will not apply

17. SCORING

- 17.1** Scoring shall be in accordance with the RRS Appendix A.
- 17.2** Appendix A4.2 is amended as follows: A boat that did not start, retired after finishing or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the series. A boat that did not finish shall be scored points for the finishing place one more than the number of boats that finished the race. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c).
- 17.3** RACE COMMITTEE AND REGATTA POINTS:
- 17.3.1** Races will be managed by members who race at KYC. A boat providing three or more people (two for boats with only three crew) to perform Race Committee Duty (RCD) on its designated weeknight(s) shall be scored points equal to the average of its



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series, including those normally excluded under 17.6.

- ii.) A boat providing no people shall be scored DND (Do Not Discard), and may face additional penalties at the discretion of the Sailing Committee.

17.3.2 A boat that misses a race due to participation in a recognized non-KYC race shall be scored points equal to the average of its scores for all races in the series, except those excluded under 17.6. To receive Regatta Points, a boat must submit details of her intentions to the KYC Race Office prior to the race, in writing, stating race to be attended, dates of races to be missed, boat and owner's names.

17.3.3. No boat shall receive more than two RCD and/or Regatta Points in any one Series.

17.4 When ties are broken in accordance with the RRS, Race Committee points and other average points shall be rounded to the nearest whole number and scored as a finish position for the purposes of tie breaking.

17.5 RACES HELD AND SCORED

A race is held for the class if one boat in that class (fleet) starts and the race is not abandoned. For all classes, the season will be divided into 5 series composed of:

- Series 1 - May (8 races)
- Series 2 - June (9 races)
- Series 3 - July (9 races)
- Series 4 - August (8 races)
- Series 5 - September (9 races)



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If a boat sails eleven or more races in a Series, they are entitled to drop three races.

18. SAFETY

- 18.1** RRS 40 is amended to read: “When flag Y is displayed with one sound before or with the warning signal, competitors *out of the cockpit* shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wetsuits and drysuits are not personal flotation devices.”
- 18.2** A boat that retires from a race shall notify the race committee or KYC Race Office as soon as possible. The notification may be provided orally, by VHF radio Channel 71 or emailing KYC Race Office at race@kingstonyachtclub.ca. Give the boat's Name, Sail Number, and the Class.

19. RACE COMMITTEE DUTY (See SI 17.3)

Crews of competing boats are required to participate as Race Committees, according to the schedule of duties published online on the [Sailing > Keelboat Racing](#) page of KYC website. Race Committee duty requires at least 3 people (two for boats with only three crew). Boats may fulfill their obligations by serving as Race Committee on evening or weekend events.

20. PRIZES

Prizes may be awarded to weeknight race winners. Flags will be awarded to series winners. Trophies will be awarded as detailed in Appendix B and the instructions for individual events.



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22. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of CDN\$3,000,000 per event or the equivalent.

23. TIME

All times are to be based on UTC (Eastern) time, and if boats need to take their own start and/or finish times, they should ensure they are accurate UTC-based times.

Appendix A: Weekend Events

May	5	Weeknight Racing Begins
	16 23	Sock Burner Pigeon Island Race
June	6	Sail Past
	20	Harbour Race
	26	Main Duck Island Race
July	1	Canada Day Fun Race
	4	Easter Seals Regatta
	25	Partridge Bowl
August	8	Wolfe Island Race



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	29	Weeknight Racing Ends
October	4,11,18	Frostbite Series
November	7	Racing Awards Night

Unless otherwise noted, **there will be a Skipper's meeting at one hour before the scheduled first warning signal for the event.**

If fewer than 3 Sharks are represented at the Skipper's meeting, the Shark start may be canceled and Sharks with a valid PHRF certificate may race in the appropriate PHRF class.

Trophies will be awarded on the basis of best corrected finish time for the PHRF classes and best finish position for the Shark class.

Regardless of whether the Race Committee is available to finish boats, competitors are **required** to report their finish time, corrected to the '*Official Time*', by sending an email to the KYC Race Office at race@kingstonyachtclub.ca within 24 hours of the boat's finish.

Appendix B: Season Awards

PHRF:



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Appendix A 1.4.

Weekend Series PHRF 1: *Kingston Ice Yacht Club
Challenge Cup (1895)*

PHRF 2: *Crescent Yacht Club
Challenge Cup (1924)*

The weekend series events for PHRF will include: KYC Pigeon Island Race, KYC Wolfe Island Race, KYC Main Duck Race, KYC Harbour Race, and the KYC Carruthers Series. The results of these events will be scored equally as a series. When 5 or more events have been completed, a boat's series score will be the total of her event scores excluding her worst score. Ties will be resolved in accordance with Sailing Instructions and RRS Appendix A 1.4.

Shark:

**Evening Series - Gostlin Trophy for KYC Annual
Competition - Fleet Championship (1973)**

The five evening series results will be scored equally as a series. One evening series may be dropped. Ties will be resolved in accordance with Sailing instructions and RRS Appendix A.

**Weekend Series – Walker International Challenge Cup for
Ice Yachts**

The weekend series events for Sharks will include: KYC Pigeon Island Race, KYC Wolfe Island Race, KYC Harbour Race, the KYC Carruthers Series, and another Regatta as may be designated by the fleet in advance of May 1. The results of these events will be scored equally as a series. When 5 or more events have been completed, a boat's series score will be the total of her event scores excluding her worst score. Ties will be resolved in accordance with Sailing Instructions and RRS Appendix A 1.4.



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the competitors informed.